



A DAY WITH THE
KING

In this study, we learn how we will learn how
Jesus won a great battle against Satan in the
wilderness.



Torchlight

*“Satan assailed Christ with his fiercest and most subtle temptations, but he
was repulsed in every conflict. Those battles were fought in our behalf; those
victories make it possible for us to conquer.”*
– The Great Controversy, p. 510



A DAY WITH THE
KING



Victory in the Wilderness



SUNDAY

LET'S PRAY Dear God, thank You that Jesus understands how I feel. Please help me to live for you today. In Jesus' name I ask, Amen.

MEMORY VERSE - HEBREWS 4:15,16

“For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.”

THERE'S **POWER** IN THE WORD!

LET'S READ:

Matthew 4:1,2; Mark 1:12,13; Luke 4:1,2.

KEY TEXT: Matthew 4:2

“And when He had fasted forty days and forty nights, afterward He was hungry.”

LET'S THINK ABOUT THIS

After He was baptised, Jesus went to the wilderness to be alone with God, His Father. From Bible prophecy, Jesus knew He would be opposed by Satan and all his evil angels at every moment of His life on Earth. The Son of God knew He would need special strength from His Father to be able to save us from sin.

For forty days, Jesus was so focused on talking to His Father that He ate nothing. But when those days were over, Jesus felt weak and hungry. He knew if He didn't eat something soon, He would die. Because He could become hungry, Matthew 4:2 shows that Jesus became completely human, although He was God. He suffered, the way we sometimes suffer. That tells us He understands exactly how we feel.

JESUS KNOWS HOW YOU FEEL

Jesus became completely human to save you and me. Match the references and verses to find out some of the things Jesus felt and did while He lived on Earth.

- | | | |
|---------------------|---|---|
| John 4:6 | ● | ● Jesus needed sleep |
| Matthew 8:20 | ● | ● Jesus cried |
| Luke 4:2 | ● | ● Jesus felt tired |
| Luke 19:41 | ● | ● Jesus' agony was so great that He sweat blood |
| Mark 4:38 | ● | ● Jesus felt thirsty |
| Luke 22:44 | ● | ● Jesus suffered from hunger |
| John 4:7 | ● | ● Jesus had nowhere to sleep |





MONDAY

LET'S PRAY Dear Father, please help me to choose to always obey Your holy law. I ask You in Jesus' name, Amen.

MEMORY VERSE - HEBREWS 4:15,16

“For we do not have a High _____ who cannot sympathize with our weaknesses, but was in _____ points tempted as we are, yet without _____. Let us therefore _____ boldly to the throne of grace, that we may obtain mercy and find grace to help in time of _____.”

THERE'S **POWER** IN THE WORD!

LET'S READ:

Matthew 4:3; 2 Corinthians 11:14.

KEY TEXT: Isaiah 8:20

“To the law and to the testimony! If they do not speak according to this word, it is because there is no light in them.”

LET'S THINK ABOUT THIS

Matthew 4:3 tells us that the devil came to Jesus and tempted Him. Many people think that the devil has horns, a tail, and a pitchfork. But 2 Corinthians 11:14 warns us that Satan often appears as an angel of light from heaven. In the Garden of Eden, Satan appeared to Eve looking like a serpent. When first created, serpents didn't slither on the ground (Genesis 3:14). The Bible warns us that Satan disguises his temptations and makes sin seem attractive and fun—like he did to Eve.

When choosing what to do we cannot make a decision based on our feelings—what we see, touch, taste, hear, or desire. Isaiah 8:20 tells us that God, and those who love Him, will always encourage us to obey God's law. When we choose God's way, no matter what others may say, do, or think, we can know Jesus is with us.

DOING WHAT JESUS WOULD DO

Look at the list of choices below. Which things are *good* to do? Put a tick beside those. Put a cross beside those which are temptations of Satan that you *shouldn't* do. What did Jesus say to Satan when He was tempted? Unscramble the letters and write the words in the blank spaces.

- Having a delicious drink that is full of bad things.
- Reading the Bible every day.
- Your friends ask you to come and watch a violent movie.
- You and a friend are offered a healthy treat. One is bigger than the other and you quickly take the bigger one.
- Singing songs about Jesus with your friends at church.
- Your friends ask you to come and play with them. But Mum needs your help. You decided to help Mum first.

ELIINRSTTTW

Matthew 4:4





TUESDAY

LET'S PRAY Dear God in heaven, please help me to trust in Your word completely. In Jesus' name, Amen.

MEMORY VERSE - HEBREWS 4:15,16

“For we do not have a High _____ who cannot sympathize with our weaknesses, but was in _____ points _____ as we are, yet without _____. Let us therefore _____ boldly to the _____ of grace, that we may obtain mercy and find _____ to help in time of _____.”

THERE'S **POWER** IN THE WORD!

LET'S READ:

Matthew 4:3,4; Exodus 10:2; Revelation 13:13,14.

KEY TEXT: Matthew 24:24

“For false christs and false prophets will rise and show great **signs** and wonders to deceive, if possible, even the elect.”

LET'S THINK ABOUT THIS

When Satan appeared to Jesus, he said, “If you are the Son of God.” Satan *knew* Jesus was the Son of God. But he was trying to tempt Jesus to use His power to work a miracle for Himself, instead of for others, to *prove* that He really was God's Son. This would have been against His Father's will—and that would be sin.

The Bible tells us that evil angels can work miracles (or signs) too. In the Garden of Eden, Eve saw a serpent talking! With the help of their god (Satan), Pharaoh's magicians turned their rods into serpents. These things tell us that *not all miracles* are God's work. The Bible warns us that at the very end of time, many people will be deceived by miracles worked by evil spirits. We should test everything we see and hear by God's word, as Jesus did, because the Bible is God's truth.

WHAT WAS MOST IMPORTANT TO JESUS?

When Satan tempted Jesus, He was *extremely* hungry. But there was something even more important to Him than food! What was it? Unscramble the letters and write the correct words in the blank spaces to find out! Check your answer in John 4:34.

y M o f o d s i o t o d
[] [] [] [] [] [] [] [] [] [] [] []

h t e l i l w f o i m H
[] [] [] [] [] [] [] [] [] [] [] []

h w o t e s n e M n a d
[] [] [] [] [] [] [] [] [] [] [] [] [] []

o t h s f i n i i H s
[] [] [] [] [] [] [] [] [] [] [] [] [] []

k r o w
[] [] [] [] [] [] [] [] [] [] [] [] [] []





WEDNESDAY

LET'S PRAY Dear God, please help me to make healthy food choices today. In Jesus' name, Amen.

MEMORY VERSE - HEBREWS 4:15,16

“For ___ do not have a _____ who cannot sympathize with our weaknesses, but was in ___ points _____ as we are, yet _____. Let us therefore _____ boldly to the _____ of grace, that we may obtain _____ and find _____ to help in time of _____.”

THERE'S **POWER** IN THE WORD!

LET'S READ:

Genesis 2:16,17; Daniel 1:8; 1 Corinthians 10:31.

KEY TEXT: [Matthew 4:3](#).

“Now when the tempter came to Him, he said, “If You are the Son of God, command that these stones become bread.”

LET'S THINK ABOUT THIS

In the Garden of Eden, the test of Adam and Eve's loyalty to God was whether or not to eat a piece of fruit. When Daniel and his three friends were taken to Babylon, their first test was whether or not to eat King Nebuchadnezzar's unhealthy food, which had also been offered to idols. Jesus' first temptation in the wilderness was to turn stones into bread. These tests show that it is very important to make the right choices in eating, as food and drink is the easiest place for Satan to tempt us.

Today, a lot of experiments have been done by scientists, which show that the food we eat has a huge impact on our health—both in mind and body. The experiments give us extra evidence to show that the food God created for us to enjoy is the best for staying healthy and thinking clearly. God has given us delicious food that is healthy for our bodies and minds, and enjoyable to eat.

HEALTHY FOOD CHOICES

Find the listed food in the puzzle below. Then, write the leftover letters in the blank spaces at the bottom to revise what we should eat and drink. The text reference is on the left-hand page. Write it in the spaces at the end.

P	E	A	C	H	W	H	E	T	T	H	E	R
O	Y	O	S	U	E	A	T	O	O	R	D	R
T	I	N	W	A	T	E	R	M	E	L	O	N
A	K	O	E	R	B	A	N	A	N	A	E	W
T	H	A	H	T	E	E	V	T	E	R	L	Y
O	O	U	S	D	A	O	D	O	O	A	P	L
L	T	O	A	T	N	H	E	G	L	O	P	R
Y	O	F	C	G	S	O	D	O	G	N	A	M

APPLE
 BANANA
 BEANS
 CASHEWS
 MANGO
 PEACH
 POTATO
 TOMATO
 WATERMELON

 _____,
 _____,
 _____,
 _____:





THURSDAY

LET'S PRAY Dear Father, please help me to stand bravely for you today. In Jesus' name, Amen.

MEMORY VERSE - HEBREWS 4:15,16

“For ___ do not have a _____ who _____ sympathize with our _____, but was in ___ points _____ as we are, yet _____. Let us therefore _____ to the _____ of grace, that we may obtain _____ and find _____ to help in time of _____.”

THERE'S **POWER** IN THE WORD!

LET'S READ:

Matthew 4:3-11; Ephesians 6:17

KEY TEXT: Ephesians 6:12.

“For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.”

LET'S THINK ABOUT THIS

When Satan tempted Jesus in the wilderness, it was a battle in the great controversy, the massive war between good and evil that Satan had started in heaven. In the wilderness, neither Jesus nor Satan used swords, guns or other weapons that you can see and touch. The weapons they used were words. Satan *lied*, Jesus told the *truth*.

Have you ever had an argument with someone? Or has someone ever said something very mean to you? Have you ever felt like crying because of someone else's words? If so, that is a war of words. Satan's words of temptation were very painful to Jesus. But Jesus spoke the truth back to Satan. Jesus used God's sharp sword, the words of the Bible, and won a huge victory.

GOD'S WORD IS POWERFUL

Unscramble the groups of letters below to make words that fit into the blank spaces, to find out what Hebrews 4:12 says about God's word and the kind of weapon it is in the war against sin.

o r f h e t r o w d f o
[] [] [] [] [] [] [] [] [] []

o G d s i g i i l v n n a d
[] [] [] [] [] [] [] [] [] [] [] []

p w r u o e f l n d a
[] [] [] [] [] [] [] [] [] [] [] []

h r e s a p r n t h a y n a
[] [] [] [] [] [] [] [] [] [] [] []

w o t - g e d e d d r o w s
[] [] [] - [] [] [] [] [] [] [] [] [] []





FRIDAY

LET'S PRAY Father in heaven, please help me to remember that obedience to You brings true joy. In Jesus' name I ask You, Amen.

MEMORY VERSE - HEBREWS 4:15,16

“For ___ do not have a _____ who _____ sympathize with our _____, but was in _____ as we are, yet _____
____. ___ us therefore _____ to the _____ of grace, that we may _____ and find _____ to _____ in time of _____.”

THERE'S **POWER** IN THE WORD!

LET'S READ:

Luke 4:3-13.

KEY TEXT: Luke 4:4

“But Jesus answered him, saying, “It is written, ‘Man shall not live by bread alone, but by every word of God.’”

LET'S THINK ABOUT THIS

Every time Jesus was tempted, He answered using the Bible, saying, “It is written.” We may be tempted to do, eat/drink, or say things that we shouldn't. But we *must choose* to obey God every time. Satan will try to make us think we will miss out if we obey God. But that is not true. Even though it may be hard to say no, we can still be happy inside, knowing that Jesus understands because He was tempted too. It is so important to remember Bible verses. Then we can be ready with God's sword when Satan tempts us.

SHARPEN YOUR SWORD!

How well do you remember the Bible verses we have been learning? Test your memory with the verses below. If you have forgotten any of the verses, look them up and revise them.

Lesson 2 - Psalm 119:93 : “ I w _____ n _____
f _____ Y _____ p _____,
f _____ b _____ t _____ Y _____ h _____
g _____ m _____ l _____.”

Lesson 10 - Ecc. 12:1 : “ R _____ n _____
y _____ C _____ i _____ t _____
d _____ o _____ y _____ y _____.”

Lesson 3 - Isaiah 55:8 : “ F _____ M _____ t _____
a _____ n _____ y _____ t _____,
n _____ a _____ y _____ w _____ M _____
w _____, ” s _____ t _____ L _____.





SABBATH

LET'S PRAY Dear God in heaven, only You can make me strong against temptation. Please give me victory today. I ask in Jesus' name, Amen.

MEMORY VERSE - HEBREWS 4:15,16

“For ___ do not have a _____ who _____ with our _____, but was in _____ as we are, yet _____.
___ us _____ to the _____ of _____, that we may _____ and find _____ to _____ in _____ of _____.”

THERE'S **POWER** IN THE WORD!

LET'S READ:

Proverbs 23:26; 1 Corinthians 10:13; James 4:7.

KEY TEXT: Romans 8:37.

“Yet in all these things we are more than conquerors through Him who loved us.”

THOUGHT FOR THE WEEK

The battle between Christ and Satan in the wilderness was one of the most important battles in the great controversy. A battle just like that happens in every person's heart. The temptations Jesus faced were the same that we face every day, and which we find it so hard to overcome. Because Jesus was also God, He was actually tested more than we will ever be tested. Our torchlight and memory verse for this week tell us that, because of Jesus' victory over Satan, we can also overcome him with Jesus help. Let's add this important story to our saga of The Great Controversy.

PART 8: VICTORY IN THE WILDERNESS

Bible bread devil forty God sacrifice temple won worship

After His baptism, Jesus went to the wilderness to be alone with His Father. He fasted for ___ ___ ___ ___ days. When He was extremely hungry, the ___ ___ ___ ___ came to tempt Him.

First, Satan told Jesus to turn the stones of the desert into ___ ___ ___ ___ . But Jesus knew that would be doubting God's word, and He refused to do it. Then, Satan took Jesus to the top of the ___ ___ ___ ___ , and told Him to jump down. But Jesus knew that would be tempting God. Again, He refused. Last of all, Satan told Jesus that He could have the whole world, if He would just ___ ___ ___ ___ Satan.

Jesus knew that, to save the world by following God's plan, would be a huge ___ ___ ___ ___ . But to worship Satan would be to lose the whole war right then! Jesus said, “Get behind Me, Satan! We should only worship ___ ___ ___ !”

In every temptation, Jesus said, “It is written.” Jesus used God's word, the ___ ___ ___ ___ , as His sword in the battle with Satan. Jesus ___ ___ ___ that battle. With His help, you and I can win every battle with Satan, too.

