

### SUNDAY

Adam	nine hundred and thirty	930
<b>Seth</b>	nine hundred and twelve	<b>912</b>
<b>Jared</b>	nine hundred and sixty-two	<b>962</b>
<b>Enoch</b>	three hundred and sixty-five	<b>365</b>
<b>Methuselah</b>	nine hundred and sixty-nine	<b>969</b>

Read Genesis 5:21-24 and Hebrews 11:5. Which one is still alive, and why?

**Enoch has lived the longest as God took him to heaven without dying. He is still alive.**

### MONDAY

Shem	102 + 500 =	602
Arphaxad	35 + 403 =	438
Salah	30 + 403 =	433
Peleg	30 + 209 =	239
Nahor	29 + 119 =	148

How do their ages compare with those who lived before the Flood?

**Their lives are much shorter, getting less and less with each person.**

### TUESDAY



The Seed of the woman is **CHRIST**.  
Galatians 3:16.

### THURSDAY

Genesis 12:8	<b>BETHAL</b>
Genesis 20:1	<b>GERAR</b>
Genesis 12:5	<b>HARAN</b>
Genesis 21:33	<b>BEERSHEBA</b>
Genesis 12:6	<b>SHECHEM</b>
Genesis 13:18	<b>HEBRON</b>
Genesis 22:2	<b>MORIAH</b>
Genesis 12:5	<b>CANAAN</b>

What did Abraham build when he arrived in a new location? **AN ALTAR**

### SABBATH

God had made a wonderful plan to save people. But **Satan** was determined to wreck God's plan if he could. Even though God was so gracious, merciful, and forgiving, most people believed Satan's **lies**. **Cain's** descendants became very wicked, and Seth's family joined in their **rebellion**. They wouldn't listen to **Noah**, who pleaded with them to enter the ark. Because of that, they drowned in the waters of the **Flood**.

After the Flood, Ham's family again rejected God's love. Even Shem's family began to worship idols. But God found faithful **Abraham**, who worshipped and obeyed Him.

God knew He could trust Abraham to take special care of His law and teach it to others. So God offered Abraham His **covenant** promise. God promised to give Abraham's family a special place to live—the land of **Canaan**. They were to spread the news about God all over the **earth**! People everywhere would be so **happy**, because they would be obeying God's **laws**. They would also be prepared to welcome **Jesus** when He came to Earth.

### WEDNESDAY

Leviticus 19:36: "You shall have **HONEST** scales, honest weights, an honest ephah, and an honest hin." (ephah and hin were like our grams and kilograms)

Proverbs 11:1: Dishonest scales are an **ABOMINATION** to the LORD."

Proverbs 16:11: "**HONEST** weights and scales are the Lord's."

Proverbs 20:23: "Dishonest **SCALES** are not good."

What does God weigh? Proverbs 21:2: "The LORD weighs the **HEARTS**."

From these verses, we see that, with God, honesty is very important because God is honest. Honesty comes from a heart that loves other people and always wants the best for them—not for self. Like a ruler, God uses His law to measure our hearts through our actions and words. Though God's law is a high standard, with His help, we can keep it. Would you like to choose to keep God's law, so your heart measures up? **Yes No**

### FRIDAY



**And if you are Christ's, then you are Abraham's seed, and heirs according to the promise.**